

# CONFIDENTIAL HISTORY & CONSULTATION

Case# \_\_\_\_\_

No patient will be seen by the Doctor without this form completely filled out

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

First Name \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_ SSN \_\_\_\_-\_\_\_\_-\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex M F Height \_\_\_\_'\_\_\_\_" Weight \_\_\_\_\_ lb's

Check Preferred Contact Phone Number:  Home (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  Cell (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ EXT \_\_\_\_\_ E-mail address \_\_\_\_\_

Name of Employer \_\_\_\_\_ Position/Type of Work \_\_\_\_\_

**Ethnicity** (Check all that apply):  American Indian/Alaska Native  Asian  African American  Hispanic/Latino Native Hawaiiin/Pacific Islander  White  Prefer no answer  Other: \_\_\_\_\_**Primary Language:**  English  Español  Français  Other: \_\_\_\_\_**Marital Status:**  Single  Married  Divorced  Separated  Widowed  Number of Children: \_\_\_\_\_

Name of Spouse \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Contact # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Spouses Employer \_\_\_\_\_ Position/Type of Work \_\_\_\_\_

## EMERGENCY CONTACT INFORMATION:

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Relation \_\_\_\_\_

## PAST HEALTH HISTORY:

Please include dates of surgeries, if approximate please put a "?" next to it.

Appendectomy \_\_\_\_/\_\_\_\_ Hysterectomy \_\_\_\_/\_\_\_\_ Spinal \_\_\_\_/\_\_\_\_ Gallbladder \_\_\_\_/\_\_\_\_ Tonsillectomy \_\_\_\_/\_\_\_\_

Other: \_\_\_\_\_

Fill the box of the following conditions YOU have had. Mark an "X" for the following conditions your Parents/Siblings have had.

- |  |                                     |                                      |   |
|--|-------------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Alcoholism                            | <input type="checkbox"/> Stroke     | <input type="checkbox"/> Gout        | <input type="checkbox"/> Allergies          |
| <input type="checkbox"/> Migraine Headaches                    | <input type="checkbox"/> Arthritis  | <input type="checkbox"/> AIDS        | <input type="checkbox"/> Rheumatic Fever    |
| <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> | <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Scarlet Fever      |
| <input type="checkbox"/> Appendicitis                          | <input type="checkbox"/> Cold Sores | <input type="checkbox"/> Polio       | <input type="checkbox"/> Emphysema          |
| <input type="checkbox"/> Heart Attack                          | <input type="checkbox"/> Pneumonia  | <input type="checkbox"/> Measles     | <input type="checkbox"/> Sinus Trouble      |
| <input type="checkbox"/> Arteriosclerosis                      | <input type="checkbox"/> Ulcers     | <input type="checkbox"/> Chorea      | <input type="checkbox"/> Whooping Cough     |
| <input type="checkbox"/> Venereal Disease                      | <input type="checkbox"/> Back Pain  | <input type="checkbox"/> Goiter      | <input type="checkbox"/> Typhoid Fever      |
| <input type="checkbox"/> Tuberculosis                          | <input type="checkbox"/> Malaria    | <input type="checkbox"/> Anemia      | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Diphtheria                            | <input type="checkbox"/> Cancer     | <input type="checkbox"/> Mumps       |   |
| <input type="checkbox"/> Eczema                                | <input type="checkbox"/> Epilepsy   | <input type="checkbox"/> Pleurisy    |   |

Allergies: \_\_\_\_\_

Current Medications: \_\_\_\_\_

List any vitamins you take on a regular basis: \_\_\_\_\_


Past fractures, dislocations, or broken bones?: \_\_\_\_\_

Past accidents or falls?: \_\_\_\_\_

How many hours do you sleep per night?: \_\_\_\_\_ Does pain disrupt your sleep?  Yes  No  SometimesDo you use sleeping aids?  Yes  No if yes, what?: \_\_\_\_\_ Is your sleep restful?  Yes  No  Sometimes

## Check what applies best to you:

Date of Last	<6 Months	6-18 Months	>18 Months	Never
Spinal Exam	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spinal Adjustment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood Test	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Urine Test	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
X-Ray	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

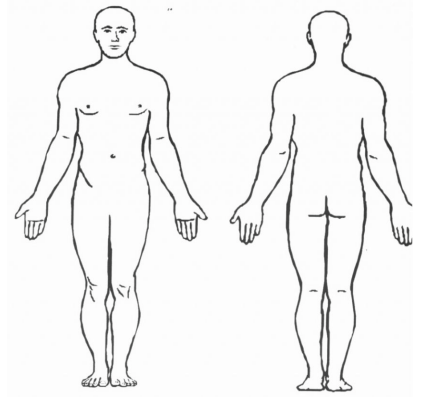


Please turn over  
complete the back  
side of this page.

Name: \_\_\_\_\_ Case#: \_\_\_\_\_

Habits	Heavy	Moderate	Light	None
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

➔  
Mark an **X** on the location of your pain



What is/are your major complaint(s)? \_\_\_\_\_

How did this start? (Date/Time if applicable) \_\_\_\_\_

Pain is:  Constant 75-100% of the day  Frequently 50-75%  Occasionally 25-50%  Intermittently 0-25%  
 Sharp  Dull  Shooting  Numb  Tingling  Throbbing

Have you had pain in your  Arms  Hands  Fingers  Legs  Feet  Toes **On the**  Left  Right  Both

Is this due to an auto accident?  Yes  No Were you on the clock at the time?  Yes  No

if yes to auto, did you lose consciousness / blurred vision / feel dazed?  Yes  No

Were you wearing a seatbelt?  Yes  No Did you hit anything during the accident?  Yes  No

Do you have pain while coughing / sneezing / taking a deep breath?  Yes  No

Have you noticed a recent change in bladder or bowel functions?  Yes  No

Have you noticed any abnormal discharges?  Yes  No

Have you had a similar condition in the past?  Yes  No When?: \_\_\_\_\_

What aggravates your condition? \_\_\_\_\_

What helps your condition? \_\_\_\_\_

Have you tried:  Ice  Heat  Over the counter painkillers  Prescription pain killers  Rest

Is this current pain disturbing your:  Sleep  Work  Social Life  Mood  Daily Functions

Have you ever been treated by a Doctor of Chiropractic?  Yes  No Who?: Dr. \_\_\_\_\_

When approximately?: \_\_\_\_\_ What areas did they treat?:  Neck  Mid-Back  Lower  Other

Since x-rays can be harmful to unborn children, please check this box  if you suspect you may be pregnant.

**Please check all types of coverage that apply:**

Personal Insurance  Cash  Medicare  Workers Compensation  Auto Insurance  Group Policy

*We may use and disclose information about you to carry out treatment, payment, and healthcare operations. You have the right to ask that we restrict how protected information about you is used or disclosed. You have the right to revoke this agreement in writing, except to the extent that we have taken action in reliance on your consent. By signing this form, you consent to our use and disclosure of protected health information about you regarding your treatment, payment, and healthcare options. By signing this you allow us to use such information in the normal office protocol of performing treatment, payment and healthcare operations.*

**PLEASE SIGN BELOW STATING YOU UNDERSTAND THE ABOVE STATEMENT**

X: \_\_\_\_\_ Date: \_\_\_\_\_

**The below signature gives consent for the Doctor to treat you. You WILL NOT be treated without signing below.**

X: \_\_\_\_\_ Date: \_\_\_\_\_

**The below signature states that you give consent as a parent or legal guardian to treat the aforementioned minor**

X: \_\_\_\_\_ Date: \_\_\_\_\_

Parent / Legal Guardians Printed Name: \_\_\_\_\_